

Safety Recommendations for Transporting Materials

Thank you for serving the logistics community! Please note that there are no formal guidelines for personal transportation during the current crisis.

While there is no specific documentation required for verification that a driver is operating under the exemption during the declared emergency due to COVID-19 to transport medical equipment and supplies. You are essential and transporting essential medical equipment.

Therefore the 1st recommendation is that you have a formal letter from your employer in case you are stopped in transit to and from your destination(s) to assure the authorities you are acting appropriately.

Suggestions, from what we've looked at from commercial carries follows. As stated, these are guidelines but – you should fully consider them seriously and comply the he extent possible.

If you have fever, cough and difficulty breathing, seek medical care early; **do not report to drive equipment/supplies.** Stopping spread and your heath is paramount.

Please follow the following recommended safety procedures:


- Don't forget to use hand sanitizer and use cleaning supplies to disinfect all high contact surfaces in vehicle using a disinfectant that is pre-approved by the U.S. Environmental Protection Agency (EPA) for use against novel coronavirus (COVID-19). Here is a link to approved disinfectants: <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>
- Wear disposable gloves when cleaning and only use them only once
- Upon arrival to pick up location, you will contact by phone the person or persons giving you materials to transport. They should direct you to the location at the facility/meeting place to begin loading. It is ideal if you do not enter any facility directly or, make personal contact (>6ft rule) with anyone giving you materials.
- If there is a situation where you are accepting a package for delivery, don't accept the package from their shipping party's hands; instead ask that the person places the package on a surface and then pick it up from that surface after the delivering party steps away.
- Wipe the package down with disposable wipes. Dispose of the wipes properly.
- Clean your hand thoroughly with hand sanitizer after handling any package.
- If it is a larger vehicle, allow the shipper to put the materials in your vehicle and do not make direct contact with them.
- Avoid touching eyes, nose and mouth completely during your trip.
- Upon arrival to the receiving facility or hand off, you will contact by phone the receiver or, check-in station depending on the site requirements.
- By phone you will be directed to the proper location to unload at the facility.
- If the receiving facility is responsible to offload, the driver will sit in the vehicle until the process is complete and the unloader contacts him/her via phone or alerts you visually they are complete.
- If you are required to offload or, hand-off a package, the receiver / facility personnel should stay away from the area and allow you to place the package on a surface and step away from the package. Then they will pick it up, and the receiver will take or, load it into his/her vehicle.

- Maintain social distancing- Avoid being within 6 feet of others as much as possible if you exit your vehicle at all.
- Again, avoid touching eyes, nose and mouth completely. Once you return to a safe location, wash your hands vigorously for at least 20 seconds with soap and hot water.
- Practice respiratory hygiene (covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately)
- Following the completion of a trip, disinfect your hands and wipe down your vehicle where it was touched.
 - Wipe down the inside of the vehicle, such as the door, dashboard, seat, door hand, and any exposed surfaces with spray disinfectant or disinfectant wipes after anyone enters your vehicle.
- Have a small trash bag to dispose of soiled gloves, towels and wipes; make sure that you dispose of that small trash bag at the end of each shift, according to AAA.
- A few items that you probably handle every day that might not be getting the attention it should is your credit card, corporate fuel card, or cash. These items can hold the virus so it's a good idea to wear gloves whenever you handle these items and to wipe them down after each use.
- Again, At the end of your trip, wash your hands again thoroughly at a sink for 20 seconds with soap and water.
- Practice good hygiene and safety to minimize your own exposure- we need you!

No. Regularly washing your bare hands offers more protection against catching COVID-19 than wearing rubber gloves.

You can still pick up COVID-19 contamination on rubber gloves. If you then touch your face, the contamination goes from your glove to your face and can infect you.

Is wearing rubber gloves while out in public effective in preventing the new coronavirus infection?



World Health Organization **#Coronavirus #COVID19**

9 March 2020

Thank you for your service during this pandemic!

Citations:

¹ Center for Disease Control and Prevention, <https://www.cdc.gov/media/releases/2020/s0326-nyc-truck-driver-guidance.html>

² Lyft, <https://www.lyft.com/safety/coronavirus#community-health>

³ World Health Organization, <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

⁴ Department of Transportation, <https://www.fmcsa.dot.gov/COVID-19>

⁵ Department of Health, <https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020COVID19/RideshareandTaxiDrivers>

⁶ National Institute of Health, <https://tools.niehs.nih.gov/wetp/covid19worker/>

⁷ Automotive Fleet, <https://www.automotive-fleet.com/353542/tips-to-reduce-fleet-driver-exposure-to-covid-19>